

## **Thoughts About Rules**

Rules that are enforced with a relationship in mind lead to mutual respect and personal growth. Students & athletes can flourish in this kind of environment.

Rules that are enforced with power and control in mind lead to rebellion and chaos. There is not much room for personal growth or mutual respect in that environment.

***You can have rules; it is just in the nature of the delivery that will tell you how your students & athletes receive them.***

